



## FALL BALL PROGRAM

### Individual Entry:

Participating in Fall Baseball gives players a chance to improve skills on the diamond in preparation for the next season. It is also good exposure for older athletes looking to play at the next level after high school. Players from ages 7 -18 are eligible to play and will choose a team based on their age and ability level.

**This packet will have updates as coaches and dates/times are added. This is being sent out now to give people an idea about our Fall Baseball Program. As far as age, if your son is 7 now consider him an 8 year old because again fall is preparation for next spring.**

### Individual Entry Includes:

- Games over the weekend (7-12 group will play intrasquad games on Sunday; controlled scrimmage atmosphere)
- Team workouts during the week
- Experienced coaches focusing on developing skills in all facets of the game
- Game T-shirt, hat, and socks

**7-9 Year olds** (4 Teams max 60 players; practices split into two groups)

Instructors- John Richardi, Justin Phripp and high school athletes

- Focus is primarily a better knowledge of the game- heavy on instruction
- Practice twice a week in facility, Tuesday and Wednesday at Facility. Two groups will practice 5-6, two groups will practice 6-7.
- Facility practices focus on hitting, defense-small group work and more 1-1 instruction

- On field Sunday - live intrasquad play- 4 teams; will play different team each week- High School players will pitch. Players will work on pitching during the week at practice

**Tuesdays-** (5 p.m.-6 p.m.; 6 p.m.-7 p.m.) at BBC- August 29, Sept. 5, 12,19,26 Oct. 3, 10, 17

**Wednesdays-** (5 p.m.-6 p.m.;6 p.m.-7 p.m.) at BBC August 30, Sept. 6, 13, 20, 27 Oct. 4, 11, 18

**Sundays-** (9 a.m.-10:30 a.m.) Sept. 3,10,17,24 Oct. 1,8,15,22

**Fee:** \$300 for 7-9 year olds (\$11/hr)

**10-12 year olds** (4 Teams max; 50 players)

Instructors- Sean Twohig, Jack Twohig, Matt McGrath and high school athletes

- Focus on strengthening skills on the little league diamond both thru practice and games
- Practice once a week in facility-Friday on larger diamond-work on getting acclimated to bigger field.
- Facility practices focus on hitting, defense-small group work and more 1-1 instruction
- Playing controlled scrimmages at Hollingsworth Park on Sunday mornings- focus on development of skill and also knowledge of the game on the field

**Mondays-** (6 p.m.-7 p.m.) at BBC Aug. 21, 28, Sept. 11,18, 25 Oct. 2, 9, 16

**Fridays-** (4:30 p.m.-6 p.m.) at field TBD Aug. 25, Sept. 1, 8, 15, 22, 29 Oct. 6, 13, 20

**Sundays-** (10:30 a.m. -12 p.m.) at Hollingsworth Aug 27, Sept. 3, 10, 17, 24 Oct. 1, 8, 15, 22

**Fee:** \$350 for 10-12 (\$11/hr)

**13u Team (Big Diamond Prep)** (Max 15 players)

Instructors- Brendan Morrissey

This team is perfect for athletes who are **moving up** to Babe Ruth level next year and is by far one of most important groups as players prepare for bigger diamond.

- Focus on strengthening skills with the transition to the big diamond both thru practice and games
- Practice once a week in facility, once a week on field and games on the weekend

- Facility practices focus on hitting, defense-small group work and more 1-1 instruction
- Outdoor practice work on transition to new diamond from little league and team defense; work with 15u Team

**Tuesdays-** (4:30 p.m.- 6 p.m.) at Field TBD Aug. 22, 29, Sept. 5, 12, 19, 26 Oct. 3, 10, 17

**Thursdays-** (5 p.m.-6 p.m.) at BBC Aug. 24, 31, Sept. 7, 14, 21, 28 Oct. 5, 12, 19

**Fee:** \$400 for 13 year olds (\$20/day not including games)

### **15u Team** (Max 15 players)

Instructors- Jim Joyce

Perfect group for athletes going into 7<sup>th</sup> and 8<sup>th</sup> grade and entering second and third year of Babe Ruth. **If 15, but attending High School in Fall would highly recommend playing 18u Travel Team**

- Practice once a week in facility, once a week on field and games on the weekend
- Facility practices focus on hitting, defense-small group work and more 1-1 instruction
- Outdoor practice great for team defense work; work with 13u Team

**Tuesdays-** (4:30 p.m. - 6 p.m.) at Field TBD Aug. 22, 29, Sept. 5, 12, 19, 26 Oct. 3, 10, 17

**Thursdays-** (5 p.m.-6 p.m.) at BBC Aug. 24, 31, Sept. 7, 14, 21, 28 Oct. 5, 12, 19

**Fee:** \$400 for 15u team (\$18/day not including games)

### **18u Travel Team** (Max 18 players) Local Travel League- Expected 12-14 minimum games plus three practices a week

Instructor- Bill Berman

- High level of skill development from very experienced high school and college coach; great preparation for High School
- Practice once a week in facility, twice a week on field and local games on the weekend
- Facility practices focus on hitting, defense-small group work and more 1-1 instruction
- Outdoor practice great for team defense work

**Mondays** - (4:30 p.m. -6 p.m.) at Field TBD Aug. 21, 28 Sept. 11, 18, 25 Oct. 2, 9, 16, 23

**Wednesdays**-(7 p.m. -8 p.m.) at BBC Aug. 23, 30 Sept. 6, 13, 20, 27 Oct. 4, 11, 18, 25

**Thursdays** - (4:30 p.m.-6 p.m.) at Field TBD Aug 24, 31 Sept. 7,14, 21, 28 Oct. 5, 12, 19, 26

**Weekend Schedule**- Local league play

**Fee:** \$400 for 18u Travel Team

**18u Tournament/Travel Team** (Max 18 players) Two Tournaments plus local Travel League- Expected 16-18 minimum games plus two practices a week

Instructor- Jay Schnabel

- High level of skill development from very experienced high school and college coach
- 2 Tournaments will be played in front of college coaches- **Firecracker Baseball Tournament Labor Day Weekend**- Locations TBD (Last Year played in Rhode Island) and **Columbus Day Weekend Tournament** @ New England Baseball Complex Northborough
- Practice once a week in facility, once a week on field and tournaments on the weekend
- Facility practices focus on hitting, defense-small group work and more 1-1 instruction
- Outdoor practice great for team defense work

**Mondays** - (4:30 p.m. -6 p.m.) at Field TBD Aug. 21, 28, Sept. 11, 18, 25 Oct. 2, 9\* if no games, 16, 23

**Wednesdays**-(7 p.m. -8 p.m.) at BBC Aug. 23, 30 Sept. 6, 13, 20, 27 Oct. 5, 12, 19, 26

**Thursdays** - (4:30 p.m.-6 p.m.) at Field TBD Aug 24, 31 Sept. 7, 14, 21, 28 Oct. 5, 12, 19, 26

**Weekend Schedule**- Two Tournaments and playing in local league

**Fee:** \$500 for 18u Tournament/Travel Team