



## FALL BALL PROGRAM

### Individual Entry:

Participating in Fall Baseball gives players a chance to improve skills on the diamond in preparation for the next season. It is also good exposure for older athletes looking to play at the next level after high school. Players from ages 8 -18 are eligible to play and will choose a team based on their age and ability level.

**This packet will have updates as coaches and dates/times are added. This is being sent out now to give people an idea about our Fall Baseball Program. As far as age, if your son is 7 now consider him an 8 year old because again fall is preparation for next spring.**

### Individual Entry Includes:

- Games over the weekend (7-9 group will play intrasquad games on Thursday)
- Team workouts during the week
- Experienced coaches focusing on developing skills in all facets of the game
- Game T-shirt, hat, and socks

**7-10 Year olds** (4 Teams max 60 kids; practices split into two groups)

Instructors- John Richardi, Dan Gaughan, Justin Phripp and high school players

- Focus is primarily a better knowledge of the game- heavy on instruction
- Practice once a week in facility, Thursday intrasquad on the field
- Facility practices focus on hitting, defense-small group work and more 1-1 instruction
- On field practices- live intrasquad play- 4 teams; will play different team each week

**Mondays-** (5-6; 6-7) at BBC- August 29, Sept. 12,19,26 oct. 3, 10, 17, 24

**Thursdays-** (4:45-7) At Hollingsworth \* Starts getting dark during season so may start as early as 4:30 Sept. 1, 8, 15, 22, 29 Oct. 6, 13, 20, 27

**Fee:** \$250 for 8-9 year olds (\$14/day)

**12u Travel Group** (10,11 and 12 year olds; 2 Teams Max 30 kids)

Instructors- Bill Berman, Sean Twohig, Jack Twohig and Matt McGrath

- Focus on strengthening skills on the little league diamond both thru practice and games
- Practice once a week in facility; Friday on larger diamond-work on getting acclimated to bigger field.
- Facility practices focus on hitting, defense-small group work and more 1-1 instruction
- Playing in the Whitman Fall Ball League- Great competition-mostly Sunday games a few Saturday games
- This group is designed for those who are looking for more competition and less focus on skill-development and do not have conflicts on the weekend

**Mondays-** (7-8) at BBC Aug. 22, 29, Sept. 12,19,26 oct. 3, 10, 17, 24

**Fridays-** (5-6:30) at Penniman Aug. 26, Sept. 2, 9, 16, 23, 30 Oct. 7, 14, 21, 28,

**Fee:** \$350 for 12 Year Old Travel (\$18/day not including games)

**12u In-House Training Group** (Max 25 kids)

Instructors- Jay Schnabel and high school players

Focus on strengthening skills within facility; hitting, defense-small group work and more 1-1 instruction

- Practice twice a week; once at facility and once on bigger diamond-work on getting acclimated to bigger field.
- This group is designed more for the athlete who desire more a heavy focus on skill development over playing games
- Also designed for those who may have many conflicts on the weekends

**Tuesdays-** (6-7) at BBC Sept. 6,13, 20, 27 Oct. 4, 11, 18

**Thursdays-** (5-630) at Penniman Sept. 8, 15, 22, 29 Oct. 6, 13, 20

**Fee:** \$300 for 12u In-House Group (\$21/day)

### **13u Team (Big Diamond Prep)** (Max 15 Kids)

Instructors- Brendan Morrissey and Corey Pontes

This team is perfect for athletes who are **moving up** to Babe Ruth level next year and is by far one of most important groups as players prepare for bigger diamond.

- Focus on strengthening skills with the transition to the big diamond both thru practice and games
- Practice once a week in facility, once a week on field and games on the weekend
- Facility practices focus on hitting, defense-small group work and more 1-1 instruction
- Outdoor practice work on transition to new diamond from little league and team defense; work with 15u Team

**Tuesdays-** (5-6) at BBC Aug. 23, 30, Sept. 13, 20, 27 Oct. 4, 11, 18, 25

**Thursdays-** (5-630) at Watson Aug. 25, Sept. 1, Sept. 15, 22, 29 Oct. 6, 13, 20, 27

**Fee:** \$400 for 13 year olds (\$22/day not including games)

### **15u Team** (Max 18 Kids)

Instructors- Jim Joyce and Joe Hock

Perfect for athletes going into 8<sup>th</sup> and 9<sup>th</sup> grade and entering second and third year of Babe Ruth

- Great preparation for high school level
- Practice once a week in facility, once a week on field and games on the weekend
- Facility practices focus on hitting, defense-small group work and more 1-1 instruction
- Outdoor practice great for team defense work; work with 13u Team

**Tuesdays-** (5-6) at BBC Aug. 23, 30, Sept. 6,13, 20, 27 Oct. 4, 11, 18, 25

**Thursdays-** (5-630) At Watson Aug. 25, Sept. 1, Sept. 8, 15, 22, 29 Oct. 6, 13, 20, 27

**Fee:** \$400 for 15u team (\$20/day not including games)

### **18u Travel Team** (Max 18 Kids)

Instructors- Brendan Stahl

- Perfect for sophomores, juniors, and seniors who want to play great competition baseball but not yet looking at college exposure
- High level of skill development
- Practice once a week in facility, once a week on field and games on the weekend
- Facility practices focus on hitting, defense-small group work and more 1-1 instruction
- Outdoor practice great for team defense work

**Wednesdays-** (5-6:30) at Watson Aug. 24, 31 Sept. 7, 14, 21, 28 Oct. 5, 12, 19, 26

**Thursdays-**(7-8) at BBC Aug. 25, Sept. 1, 8, 15, 22, 29 Oct. 6, 13, 20, 27

**Fee:** \$400 for 18u travel team (\$20/kid not including games)

**18u Tournament Team** (Max 18 Kids)

Instructor- Jay Schnabel

- Perfect for juniors and seniors who want to play great competition baseball and are looking at colleges and for good college exposure
- High level of skill development from very experienced high school and college coach
- Tournaments will be played in front of college coaches
- Practice once a week in facility, once a week on field and tournaments on the weekend
- Facility practices focus on hitting, defense-small group work and more 1-1 instruction
- Outdoor practice great for team defense work

**Wednesdays-** (5-6:30) at Watson Aug. 24, 31 Sept. 7, 14, 21, 28 Oct. 5, 12, 19, 26

**Thursdays-**(7-8) at BBC Aug. 25, Sept. 1, 8, 15, 22, 29 Oct. 6, 13, 20, 27

**Weekend Schedule-** Regional Tournaments in New England

**Fee:** \$700 for 18u Tournament Team (\$35/day not including games)